

# Wasatch County Area General Resource List

## EMERGENCIES (24 HOURS)

Life Threatening .....	9-1-1
National Suicide Prevention Lifeline .....	1-800-273-TALK (8255)
Poison Control .....	1-800-222-1222

## ADULT & CHILD ABUSE/NEGLECT

Adult Protective Services (Reporting) .....	1-800-371-7897
Child Protective Services (Reporting) .....	1-855-323-3237
Division of Child and Family Services .....	435-657-4200
Family Support Center, Inc. (Orem) .....	801-955-9110
Guardian Ad Litem (Provo).....	801-344-8516
Utah Foster Care Foundation (Orem).....	801-373-3006
Wasatch County Children's Justice Center .....	435-657-1000

## CHILD, YOUTH & FAMILY SERVICES

Big Brothers Big Sisters of Utah (Mentoring Program).....	801-313-0303
Summit & Wasatch Counties Office .....	435-649-9366
Child Care Resource & Referral.....	1-800-952-8220
Girl Scouts of Utah .....	(801) 265-8472
National Runaway Switchboard .....	1-800-786-2929
Utah Department of Human Services .....	801-538-4171

## COURTS

4 <sup>th</sup> District Court .....	435-654-4676
Juvenile Court .....	435-654-2988
Heber City Justice Court .....	435-654-1662
Wasatch County Justice Court .....	435-654-2679

## DISABILITY ASSISTANCE & RESOURCES

Ability First (Independent Living Center).....	1-801-466-5565
Division of Rehabilitation Services (Vocational Rehab) .....	801-526-9675
Division of Services for People with Disabilities (DSPD) .....	1-801-538-4200
Relay Utah.....	7-1-1
Turn Community Services .....	801-343-3900
Utah Parent Center .....	1-801-272-1051

## DOMESTIC VIOLENCE

Domestic Violence Services .....	1-800-897-LINK (5465)
Domestic Violence Hot Line.....	1-800-799-7233
Office for Victims of Crime .....	1-800-363-0441
Peace House .....	1-800-647-9161
Utah Legal Services .....	1-800-662-4245
VINE (Victim Information & Notification Everyday) .....	1-877-884-8463
Wasatch County Victim Assistance Program.....	435-657-3300

## EMERGENCY SERVICES: LAW ENFORCEMENT & FIRE

Emergencies (Fire, Hazardous Materials, Medical, & Police) .....	9-1-1
Heber City Police Department .....	435-654-3040
Animal Control.....	435-654-5727
Wasatch County Emergency Medical Services (Office) .....	435-657-3225
Wasatch County Fire Department (Business Office) .....	435-940-9636
Fire Marshall .....	435-654-1411
Wasatch County Sheriff (Business Office) .....	435-654-1098
Dispatch .....	435-654-1411

## EMPLOYMENT & JOB TRAINING

Department of Workforce Services Employment Center .....	801-526-0950
Job Corps .....	1-800-733-5627
LDS Employment Services (Provo) .....	801-818-6161

## FINANCIAL COUNSELING

AAA Fair Credit Foundation .....	1-800-351-4195
American Credit Foundation.....	1-800-259-0601

## FOOD ASSISTANCE PROGRAMS

Center Stage Food Pantry .....	435-657-9493
Community Action Services Food Pantry .....	801-373-8200
Food Stamps (Department of Workforce Services).....	435-654-6505
Meals on Wheels (Wasatch County Senior Center) .....	435-654-4920
WIC (Women, Infants & Children) .....	435-657-3302

## GOVERNMENT SERVICES

Division of Motor Vehicles (DMV).....	1-800-DMV-UTAH (368-8824)
Heber City Office .....	435-657-3185
Driver License Division .....	801-965-4437
Heber City .....	435-654-0757
Midway .....	435-654-3223
United States Postal Service (USPS).....	1-800-ASK-USPS (275-8777)
Heber City Post Office .....	435-654-1345
Wasatch County.....	435-654-3211

## HEALTH CARE: HOSPITALS, CLINICS & PUBLIC HEALTH

5-Minute Clinic .....	435-654-1377
Heber Children's Dentistry (accepts Medicaid).....	435-654-5322
Heber Valley Clinic .....	435-657-4400
OB/GYN .....	435-657-7472
After Hours Clinic .....	435-657-4400
Heber Valley Medical Center .....	435-654-2500
Heber Valley Pediatrics .....	435-657-0101
Intermountain Home Care & Hospice (Heber).....	435-657-4321
People's Health Clinic .....	435-333-1850
Planned Parenthood Association of Utah .....	1-800-230-PLAN (7526)
Utah Valley Health Center (Orem).....	801-226-5246
Metro Health Center of Salt Lake City.....	801-257-6789
Summit/Wasatch Pediatrics (Park City) .....	435-655-0926
Veterans Affairs Medical Center (Salt Lake City).....	801-582-1565
Wasatch Medical Clinic.....	435-654-1501
Wasatch County Health Department .....	435-654-2700
Baby Your Baby .....	435-657-3307
Birth and Death Certificates .....	435-657-3307
Cancer Screening (women).....	435-657-3307
Car Seats/Bike Helmets .....	435-657-3259
Dental Clinic .....	435-657-3302
Environmental Health .....	435-657-3264
Food Handler Permits.....	435-657-3261
Family Planning Clinic.....	435-657-3307
Immunizations.....	435-657-3307
Foreign Travel Clinic.....	435-657-3307
Tobacco Prevention/Cessation.....	435-657-3260
Well-Child Examinations.....	435-657-3307
WIC.....	435-657-3302

## INSURANCE & PRESCRIPTION ASSISTANCE

CHIP (Children's Health Insurance Program).....	1-877-KIDS-NOW (543-7669)
Medicaid	
Application Information .....	1-800-662-9651
Billing and Claims Questions .....	1-800-662-9651
Partnership for Prescription Assistance .....	1-888-477-2669
UPP (Utah's Premium Partnership for Health Insurance) .....	1-888-222-2542
Utah Insurance Department .....	1-800-538-3800
Utah Medical Benefits (Info about Medicaid, CHIP & PCN) .....	1-888-222-2542

## HOMELESS SERVICES

Community Action Services..... 435-654-2182

## HOUSEHOLD ITEMS, FURNITURE & CLOTHING

Christian Center of Heber Valley ..... 435-657-9493  
Deseret Industries (Provo)..... 801-373-7920  
St Lawrence Thrift Store ..... 435-657-0209

## HOUSING/UTILITIES

Blue Stakes ..... 8-1-1  
Community Action Services..... 435-654-2182  
HEAT Program (Utility bill assistance) ..... 801-205-4357  
Heber Light and Power ..... 435-654-1581  
Outages/Emergencies..... 435-654-2913  
Lifeline - Utah Telephone Assistance Program (UTAP)..... 1-800-948-7540  
Mountainlands Community Housing Trust..... 435-647-9719  
Questar Gas (Customer Service) ..... 1-800-323-5517  
Heber Office..... 435-654-6620  
Gas Leaks ..... 1-800-767-1689  
Rural Development (USDA) ..... 801-524-4320  
Self-Help Homes (Rural Housing Development Corp) ..... 801-375-2205  
Wasatch County Housing Authority ..... 435-654-2053  
Wasatch County Public Works (garbage pick-up)..... 435-654-1661

## LEGAL INFORMATION/CONSULTATION

Utah Community Action ..... 801-977-1122  
Consumer Protection ..... 1-800-721-SAFE (7233)  
Disability Law Center ..... 1-800-662-9080  
Utah Legal Services ..... 1-801-328-8891  
Utah State Courts' Self Help Center ..... 1-888-683-0009

## MENTAL HEALTH/COUNSELING

Family Support Center (Salt Lake)..... 801-487-7778  
NAMI UTAH (National Alliance on Mental Illness) ..... 801-323-9900  
Utah State Hospital ..... 801-538-4171  
Vantage Point Youth Services (Provo)..... 801-373-2215  
Valley Behavioral Health (Park City)..... 435-649-8347  
Wasatch Mental Health (Heber City) ..... 435-654-3003  
Parenting Class ..... 435-654-3003

## OTHER SERVICES

Better Business Bureau (BBB) ..... 1-800-456-3907  
Heber Valley Chamber of Commerce..... 435-654-3666  
Veterans Center (Orem)..... 801-377-1117  
Utah State University Extension..... 435-657-3235

## PREGNANCY

See also: (Health Care: Hospitals, Clinics & Public Health)

Baby Your Baby (Hotline) ..... 1-800-826-9662  
Heber Clinic (Health Department) ..... 435-657-3307  
Planned Parenthood Association of Utah..... 1-800-230-PLAN (7586)  
Utah Valley Health Center (Orem) ..... 801-226-5246  
Metro Health Center of Salt Lake City..... 801-257-6789  
Pregnancy Resource Network (Salt Lake) ..... 1-800-712-HELP (4357)  
Pregnancy Riskline ..... 1-800-822-BABY (2229)  
The Children's Service Society of Utah ..... 1-800-839-7444

## RAPE/SEXUAL ASSAULT

National Sexual Assault Hotline..... 1-800-656-HOPE (4673)  
Peace House..... 1-800-647-9161  
UCASA (Utah Coalition Against Sexual Assault) ..... 801-746-0404  
Utah Rape & Sexual Assault Crisis Line (24 Hour)..... 1-888-421-1100  
Wasatch County Victim Assistance Program ..... 435-657-3300

## SCHOOLS & EDUCATION RESOURCES

Head Start ..... 435-654-1216  
Soldier Hollow Charter School ..... 435-654-1347  
Utah Valley University – Wasatch Campus ..... 801-863-6601  
Wasatch County School District ..... 435-654-0280  
Heber Valley Elementary School ..... 435-654-0112  
JR Smith Elementary School ..... 435-654-2201  
Midway Elementary School ..... 435-654-0472  
Old Mill Elementary School ..... 435-657-3130  
Rocky Mountain Middle School..... 435-654-9350  
Timpanogos Middle School ..... 435-654-0550  
Wasatch High School ..... 435-654-0640  
North Campus ..... 435-654-4231  
Wasatch Learning Academy ..... 435-654-0280

## SENIOR CITIZENS

AARP ..... 1-888-687-2277  
Mountainland AOG - Aging & Family Services (Orem) ..... 801-229-3800  
Wasatch County Case Manager..... 435-657-3267  
Wasatch County Senior Center ..... 801-219-3816

## SEXUALLY TRANSMITTED DISEASES & AIDS INFO

See also: (Health Care: Hospitals, Clinics & Public Health)

Planned Parenthood Association of Utah ..... 1-800-230-PLAN (7586)  
Utah Valley Health Center (Orem)..... 801-226-5246  
Metro Health Center of Salt Lake City..... 801-257-6789  
Utah AIDS Foundation ..... 1-800-FON-AIDS (366-2437)  
Wasatch County Health Department ..... 435-654-2700  
Nurse..... 435-657-3257

## SUBSTANCE ABUSE

AA (Alcoholics Anonymous) ..... 801-375-8620  
Narcotics Anonymous (Summit and Wasatch)..... 435-215-0033  
Tobacco Quit Line (Way to Quit Program) ..... 1-800-QUIT-NOW (784-8669)  
Tobacco Cessation (Health Department)..... 435-657-3260  
Wasatch Mental Health (Heber City) ..... 435-654-3003

## SUPPORT GROUPS

Family Resource Facilitator ..... 435-654-3003, ext. 3230

## WELFARE AND FINANCIAL SERVICES

Office of Recovery Services..... 801-536-8500  
Social Security Administration (SSA) ..... 1-800-772-1213  
Provo Office..... 1-866-366-9549  
Unemployment Insurance Center ..... 801-526-9675  
Utah Department of Workforce Services (DWS)..... 1-866-435-7414  
Workers Compensation Fund (WCF)..... 1-800-446-2667

## Additional Information:

If a service you are looking for is not listed, try calling 2-1-1 or visiting [www.211ut.org](http://www.211ut.org) for additional resources.

If your phone does not recognize the 2-1-1 number, you can dial 1-888-826-9790 for the same free service.

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