

10th Grade PCCR



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**WELCOME TO YOUR 10TH
GRADE PLAN FOR COLLEGE
AND CAREER READINESS
MEETING. WE ARE EXCITED
TO VISIT WITH YOU AND
HOPE THE INFORMATION WE
SHARE WITH YOU WILL BE
HELPFUL IN TRANSITIONING
INTO YOUR JUNIOR YEAR
AND PLANNING FOR YOUR
FUTURE.**

MY POST HIGH SCHOOL PLAN



I have a career plan in mind.

My career plan: _____

Post high school education requirement: _____

Current G.P.A. _____ My Aspire _____

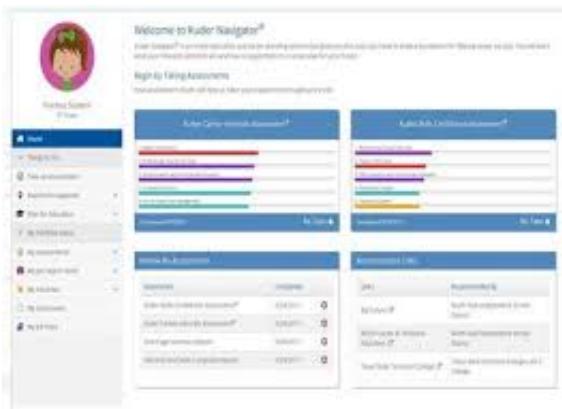
What three careers did I choose when doing my Kuder assessment:

- 1.
- 2.
- 3.

Oh NO! I have no idea what career I want to pursue.

Check out **navigator.kuder.com**

All students created a log in with counselors in Math class in early November



Take one the three free assessments on navigator.kuder.com and explore career ideas and required education. Use the results of assessments to help choose some classes for next year.

DID YOU KNOW?



- 4- year university drop-out rates in the United States are above 50%?
- More than 40% of university graduates report being unemployed or underemployed?
- 69% of college graduates in 2018 graduated with student debt and the average debt was \$35,359.
- 1:2:7 For every job in our economy today that requires a master's degree or higher, there are 2 jobs that require a bachelor's degree and 7 jobs that require a certificate, apprenticeship, or associate degree.
- Every day 10,000 Baby Boomers are reaching retirement age, but many of those jobs are going underfilled because Generation Y generally lacks the technical skills and training to fill the jobs.
- This year there will be 40 million unfilled jobs in the United States because there are not enough skilled employees to fill these jobs.
- Currently, the IT sector alone has a 93 million job skill gap.

Do you have a plan that can lead to gainful, enjoyable employment for your future?

EXTRA HELP AND TUTORING



WHS Monday Consultation: Time is available from 1:37-2:30pm, open house style, for any student and/or parent who needs to meet, chat, or receive assistance.

WHS Evening Tutoring: The WHS library hosts tutoring.

Math	Thurs.	5:30-7:00pm
Science	Wed.	5:30-7:00pm



UVU Wasatch Campus: UVU online tutoring Monday-Saturday by appointment at UVU's online tutoring page.

If you don't have a UVU ID, just call 801-863-5376 to make an appointment.

COLLEGE CREDIT OPTIONS



Mountainland Technical College (mtec.edu): MTECH offers programs that provide state certifications and technical degrees. Tuition is waived to high school students. Students only need to pay for fees and materials. This offers an opportunity to start your career training early. Some programs offer credit that can be transferred to UVU and applied towards a bachelor's degree program. MTECH programs offered at WHS include dental assisting, medical assisting, and certified nurse assistant. All other programs are available in Utah County. Students must provide their own transportation. Wasatch High will award elective high school credits for these programs. Technical schools have the highest rates of employment upon program completion! Karalee Clark with MTECH @ 801-753-4109, kclarke@mtech.edu can answer questions you may have.

Concurrent Enrollment (CE): These classes are taught at WHS by WHS teachers, on a black/gold schedule. They are offered for college credit to students who apply with UVU as a concurrent enrollment high school student and enroll in the courses by the deadlines. These courses are generally for juniors and seniors. Kristen DiStefano is the concurrent advisor at WHS @435-654-0640 kristen.distefano@wasatch.edu. Utah Valley University's concurrent office can be reached at 801-863-8376. The charge is \$5 per credit hour.

Distance Learning Classes: These are general education college courses, taught by a UVU professor, broadcast live and interactive at WHS. These courses do not align with our black/gold schedule, so it is imperative to meet with your counselor to arrange a schedule that works for you. These courses are best reserved as a senior, when the schedule is most flexible. Enrollment for fall semester takes place in APRIL and enrollment for spring semester takes place in NOVEMBER. It is important to be organized and understand the process of these steps. The charge is \$5 per credit hour.

Advanced Placement (AP): These courses are considered to be the most rigorous at WHS. We offer 17 courses that will push students learning to the next level, with this challenging curriculum. To earn college credit, a student is required to pass the end of year AP test, although Calculus and Biology are offered concurrently as well. The test preparation takes place through the year, culminating with a test, which is then graded by the College Board. The fee is \$96 per test. College credit is awarded differently at each university. Check with your chosen college to see how they grant AP credit.

CAREER PATHWAYS

Wasatch High School offers career exploration pathways which are recognized at graduation with a medal and certificate. Students will gain insight into future career or college goals and can increase scholarship applications and resume building experiences. WHS offers dozens of pathways. Students seeking a pathway completion, will earn 3.0 credits in a specific area. You can find these listed at www.wasatchhighcounseling.com

Agriculture, Food & Natural Resources

- Ag. Mechanics Systems
- Animal & Vet. Science
- Food science, Dietetics & Nutrition
- Plant Science

Architecture & Construction

- CAD Architectural Design
- Interior Designs

Art, Audio/Visual Technology & Communication

- Broadcasting & Digital Media
- Graphic Design & Communication

Business Finance & Marketing

- Accounting & Finance
- Business Information Management
- Marketing

Education & Training

- K-12 Teaching as a Profession

Engineering & Technology

- CAD Mechanical Design
- Engineering

Health Science

- Health Science

Hospitality & Tourism

- Culinary Arts
- Hospitality & Tourism

Human Services

- Personal Care Services

Computer Science & Information Technology

- Programming & Software Development
- Information Technology Systems

Manufacturing

- Manufacturing & Production
- Welding & Machining

Transportation, Distribution & Logistics

- Auto Mechanics & Repairs

ONE OPPORTUNITY. LIMITLESS POSSIBILITIES.

If you want to play sports at an NCAA Division I or II school, start by registering for a Certification Account with the NCAA Eligibility Center at eligibilitycenter.org. If you want to play Division III sports or you aren't sure where you want to compete, start by creating a Profile Page at eligibilitycenter.org.

ACADEMIC REQUIREMENTS

To play sports at a Division I or II school, you must graduate from high school, complete 16 NCAA-approved core courses, earn a minimum GPA and earn an ACT or SAT score that matches your core-course GPA.

CORE COURSES

Only courses that appear on your high school's list of NCAA core courses will count toward the 16 core-course requirement; visit eligibilitycenter.org/courselist for a full list of your high school's approved core courses. Complete 16 core courses in the following areas:

DIVISION I

Complete 10 NCAA core courses, including seven in English, math or natural/physical science, before your seventh semester.

ENGLISH	MATH (Algebra I or higher)	NATURAL/ PHYSICAL SCIENCE (Including one year of lab, if offered)	ADDITIONAL (English, math or natural/physical science)	SOCIAL SCIENCE	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)
4 years	3 years	2 years	1 year	2 years	4 years

DIVISION II

ENGLISH	MATH (Algebra I or higher)	NATURAL/ PHYSICAL SCIENCE (Including one year of lab, if offered)	ADDITIONAL (English, math or natural/physical science)	SOCIAL SCIENCE	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)
3 years	2 years	2 years	3 years	2 years	4 years

GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your grade-point average based only on the grades you earn in NCAA-approved core courses.

- DI requires a minimum 2.3 GPA.
- DII requires a minimum 2.2 GPA.

SLIDING SCALE

Divisions I and II use sliding scales to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. If you have a low test score, you need a higher GPA to be eligible. Find more information about test scores at ncaa.org/test-scores.

TEST SCORES

You may take the SAT or ACT an unlimited number of times before you enroll full time in college. Every time you register for the SAT or ACT, use the NCAA Eligibility Center code 9999 to send your scores directly to us from the testing agency. We accept official scores only from the ACT or SAT, and won't use scores shown on your high school transcript. If you take either test more than once, the best subscore from different tests are used to give you the best possible score.

Regents Scholarship

REGENTS' SCHOLARSHIP RULES AND REQUIREMENTS FOR 2021 GRADUATES

Working hard in high school and taking the right classes is the best way to make sure you'll be successful in college. And with the Regents' Scholarship, your early preparation can literally pay off!

Please read thoroughly, as there are changes to the scholarship requirements which affect students graduating high school in 2021.

REQUIREMENTS

ACADEMIC REQUIREMENTS

- ✓ Take the required classes in grades 9-12 (see pages 4-8)
- ✓ Earn at least a 3.3 cumulative high school GPA
- ✓ Earn at least a composite score of 22 on the ACT
- ✓ Graduate from a Utah high school
- ✓ Meet college enrollment or deferment requirements

NON-ACADEMIC REQUIREMENTS

- ✓ Fill out the FAFSA (Free Application for Federal Student Aid)
- ✓ Meet all deadlines
- ✓ Be a US citizen or a non-citizen eligible for federal financial aid

Regents' Scholarship recipients earn a degree at double the rate of their peers.

REQUIRED CREDITS TO BE COMPLETED IN GRADES 9-12

- ✓ 4 credits of English
- ✓ 4 credits of Math
(at least 1 class must be selected from the advanced course list; see page 5)
- ✓ 3 credits of Social Science
- ✓ 3 credits of lab-based Science
(one each of Biology, Chemistry, and Physics)
- ✓ 2 credits of the same World Language
(other than English)

APPLYING FOR REGENTS' SCHOLARSHIP

You will apply for the Regents' Scholarship during your senior year. The application opens mid-November and is due no later than February 1. A priority deadline may be established each year. Additional details about the application process will be available on RegentsScholarship.org.

GPA and ACT Prep

GPA

The importance of GPA

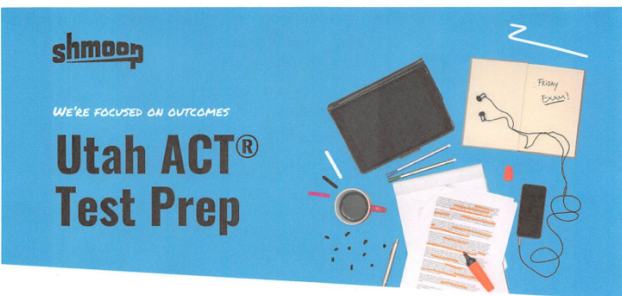
A student's GPA is a major criteria that colleges and employees look at to evaluate a person's potential. GPA indicates how hard a student has worked, how much they know, and where their strengths and weaknesses lie. If you are not happy with your current GPA, you still have time to improve it.

ACT

Next year you will be taking with ACT in February 2022. Now is the time to start preparing for the ACT. Here are some free resources to help you get ready.

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation.html>

<https://navigator.kuder.com/account/login-register?ReturnURL=/test-prep/act-prep>



shmoop
WE'RE FOCUSED ON OUTCOMES
**Utah ACT®
Test Prep**


Welcome students!
Every Utah public high school student has free and secure access to Shmoop's ACT Test Prep. Wahoo!


NEED HELP?
Email us at support@shmoop.com


Students, this is how to log in to your Shmoop account:

1. Go to schools.shmoop.com
2. Click "Go" next to where it says "Need to register with a new school or starting a new year?"
3. Enter student Magic Word: **WASATCH**
4. You'll be directed to Shmoop's Utah page
5. From there, select your school from the alphabetized list
6. Next, log in or create an account if you are new to Shmoop
7. Finally, join a classroom and get started!

Additional virtual learning resources are available:

**Heartbeat™**

**Intervention**

**Courses**

Contact Stephanie for more information ✉ stephanie.weiss@shmoop.com

Making Up Failed Credit



Students should meet with their counselor to determine how to recover failed or missing credits necessary to graduate. Credit recovery will result in a pass or “p” on the transcript, recouping the credit, but not changing the grade or gpa. Students hoping to pursue a grade replacement would need a formal meeting with their counselor and a written timebound plan.

Teacher Credit Recovery- If a student has earned at least a 50%, they may choose to meet with the teacher, to determine a specific plan to recover the credit with that teacher. Many students prefer this, as they are already in the class, with that specific teacher. This is the primary recovery plan we recommend students use.

Electronic School (E-School)- Credit recovery is completed in an online curriculum, completing a shortened version of the course, just covering the essential standards to earn a Pass grade. Mr. Martindale in room C-30 is the contact for e-school credit recovery. You must first meet with your counselor to receive a referral form that you will need to turn into Mr. Martindale. The curriculum is called Edgenuity. Students have the option to be placed into a classroom to complete the work, or they can choose to complete it on their own time outside of school. Students not enrolled in an eschool class will be charged \$20 for every quarter credit recovered.

Summer School- These classes are also online, but they take place during the summer hours. A schedule for summer school and information regarding fees will be available in the counseling center by late spring. Referral by counselor. Canvas based course.

Wasatch Alternative School- This program is reserved for students at high risk of not graduating. A student must be formally referred by a WHS main campus counselor in order to participate in alternative school. They will also need to meet with Duke Distefano, principal at the alternative school, before enrolling in this program.

WHS Elective Courses

CAREER AND TECH ED

Ag. Classes

1.0 Ag. Mechanics 1
1.0 Ag. Mechanics 2
1.0 Ag. Mechanics. 3
1.0 Animal Science 1
1.0 Animal Science 2
1.0 Agricultural Biology
1.0 Outdoor Recreation & Natural
Resource Conservation
1.0 Floriculture and Greenhouse
1.0 Aquaculture 1
1.0 Aquaculture 2
1.0 Vet Science (2021-2022)
1.0 Ag Leadership

Business and Marketing

0.5 Account 1 & 2
1.0 Business Comm. (11&12)
1.0 Economics C.E (11&12)
0.5 Marketing
0.5 Digital Marketing
0.5 Hospitality & Tourism
0.5 Lodging & Recreation
0.5 Entrepreneurship

Information Technology

0.5 Dig. Graphic Art Intro
1.0 Computer Programming 1
1.0 Computer Programming 2
0.5 A+ Computer Repair
0.5 Intro to Servers and Networks

Family and Consumer Sci.

0.5 Child Development
0.5 Clothing 1
0.5 Foods 1
0.5 Foods 2
1.0 Cul. Mgt. (Pro Start 1) C.E. (2020-2021)
1.0 Cul. Arts (Pro Start 2) C.E. (2021-2022)
0.5 Interior Design

Health Sciences

0.5 Intro to Health Sciences
0.5 Medical Terminology C.E.
1.0 Exercise Sci./Sports Med. (11&12)
1.0 Med. Anatomy and Physiology
1.0 Biotechnology C.E.
1.0 MTEC Nurse Asst. (11&12)
4.0 MTEC Dental Asst. (12)
4.0 MTEC Med. Asst. (12)

Skilled and Technical

0.5 Woods 1
1.0 Woods 2 Furniture Des. C.E.
1.0 Woods 3 Furniture Des. C.E.
0.5 TV/Film Intro
0.5 Film Production
(pre-req TV/film intro)
1.0 TV Production
1.0 TV News (11&12)
0.5 Law Enforcement
1.0 UVU Auto Tech. C.E. (11&12)
1.0 UVU Adv. Auto Tech C.E. (11&12)
1.0 Building Construction

1.0 Building Construction Advanced
1.0 MTEC Welding (11&12)

Technology and Engineering

0.5 Intro to Engineering & tech. Design
1.0 Technical Design 2 C.E.
0.5-1.0 Architectural Design C.E.
1.0 Adv. Computer Aided Drafting(CAD)
0.5 Engineering 1
0.5 Engineering 2
1.0 Robotics and Automation

CAPS (11&12)

1.0 Bus. Marketing & Entrepreneurship
1.0 Digital Design&Software Development
1.0 Engineering & Industrial Design
1.0 Medicine & Health
1.0 Agriculture &Environment

Education

0.5 Teaching as a Profession 1, 2
1.0 Teaching as a Profession 3 C.E.

THE ARTS

Performing Arts

1.0 Concert Band
1.0 Percussion 1 & 2
1.0 Jazz Band a.m.
1.0 Symphonic Band
1.0 Bell Choir(6:30 a.m.)
0.5-1.0 Ladies Choir
0.5-1.0 Men's Choir
1.0 Concert Choir
1.0 Chamber Choir *by Audition*
1.0 Advanced Ladies Choir *by Audition*
1.0 Music 1010 C.E. (Intro to Music)
1.0 AP Music Theory (11&12)
1.0 Beginning Orchestra
1.0 String Orchestra
1.0 Chamber Orchestra *By Audition*
0.5 Guitar 1
0.5 Guitar 2
0.5 Dance 1 & 2
1.0 Dance 3 *By Audition*
1.0 Dance Company *By Audition*
0.5 Social Dance
0.5 Theatre 1 Intro
0.5 Theatre 2 Acting Intensive
0.5 Theatre 2 Improvisation
1.0 Theatre 3 Advanced
1.0 Theatre 4 Production *by audition*
1.0 Theatre Technical

Visual and Graphic Arts

0.5 Art Foundations
1.0 A.P. Studio Art (11&12)
0.5 Drawing
0.5 Drawing 1020 C.E (11 &12)
0.5 Jewelry
0.5 Jewelry Advanced
0.5 Pottery
0.5 Pottery Advanced
0.5 Sculpture
0.5 Painting 1
0.5 Painting Advanced

0.5 Digital Graphic Art Intro
1.0 Graphic Design 2
1.0 Graphic Design 3 C.E.
1.0 Graph. Des. Prod. Yearbook
0.5 Digital Photo 1
0.5 Digital Photo 2
0.5 Film Photo

OTHER

Foreign Language

1.0 French 1, 2, 3 & 4
1.0 Spanish 1, 2, 3 C.E. & 4 C.E.
1.0 Dual Language Immersion Spanish CE
1.0 AP Spanish Language
1.0 Native Spanish Speaker Honor 1, 2, 3
1.0 Japanese 1, 2, 3 & 4

L.A. Electives

0.5 Debate 1
1.0 Debate 2 (10-12)
0.5 Creative Writing

Social Studies Electives

0.5 Psychology
0.5 America at War
0.5 Current Issues (11-12)
1.0 Student Government (*by election*)
1.0 Latinos in Action
1.0 Economics C.E. (11--12)

Misc. Electives

1.0 Air Force JROTC
0.5 Work Based Learning (11&12)
0.5 Peer Tutoring special needs students

P.E. Electives

0.5-1.0 Adv. PE FB Weights
0.5 Weight Training
0.5 Adv. Weights (*School Athletes*)
0.5 AM Adv. Weights (*School Athletes*)
0.5 Yoga
0.5 Sports Yoga
0.5 Sports Specific Training (*school athletes*)
0.5 Cross-Training/weights

WHS general graduation requirements:

9.5 credits any elective

4 credits English

3 credits math

3 credits science (biology & physical
science a must)

3 credits social studies

1 credit arts

1.5 credits career technical (CTE)

1.5 credits P.E. (fitness & PE skills/UHSSA
sport season a must)

0.5 credit health

0.5 credit financial literacy

0.5 credit digital literacy

Name: _____

My Class Selections for 11th Grade

11 TH GRADE	
SEMESTER 1	SEMESTER 2
English	English
Math	Math
Science	Science
US History	US History
Art	PE
Financial Literacy	

Possible Early Morning Class: _____

11 TH GRADE	
SEMESTER 1	SEMESTER 2
English	English
Math	Math
Science	Science
US History	US History
Art	PE
Financial Literacy	

